

daylesford love 2022 recipe collection





## juniper & sherry duck pies

Adapted from Donna Hay

- 4 x 325g duck marylands sea salt and cracked black pepper 1 onion, thinly sliced
- 4 garlic cloves, crushed
- 1 tbs tomato paste
- 1 tbs juniper berries
- 6 sprigs thyme
- 250ml Pedro Ximenez sherry
- 250ml chicken stock
- 2 x 375g sheets of Careme puff pastry, thawed
- 1 egg, lightly beaten6 sage leaves
- 1. Preheat oven to 180°C.
- 2. Place a large non-stick frying pan over high heat. Sprinkle the duck with salt and pepper and cook, skin-side down, for 2-3 minutes. Turn and cook for a further 3 minutes or until browned. Place the duck in a deep-sided roasting pan and set aside.
- 3. Drain all but 1 tablespoon of fat from the frying pan. Reduce the heat to medium and add the onion and garlic. Cooking for 4 minutes.

- 4. Add the tomato paste, juniper, thyme, sherry and stock. Stir to combine and bring to a simmer. Pour into the pan with duck.
- 5. Cover tightly with aluminum foil and roast for1 hour 30 minutes.
- 6. Remove the duck from the liquid and set aside. Remove and discard the thyme sprigs. Transfer the liquid to a medium saucepan over high heat. Bring to the boil and cook for 10 minutes or until reduced and syrupy. Remove and discard the skin from the duck. Shred the meat and return to the liquid. Stir to combine and set aside.
- 7. Increase oven temperature to 200°C. From each sheet of pastry, cut 1 x 15cm x 36cm rectangle.

  Line 2 large oven trays with non-stick baking paper.
- 8. Place 1 small pastry rectangle on each tray and top with the duck mixture, leaving a 2cm border. Brush the edges with egg and top with the remaining pastry. Press to seal, trim the edges and brush the pies with egg. Make 3 incisions in each pie and top with 3 sage leaves, pressing on and brushing with egg to secure. Bake for 40 minutes or until golden.

Makes 2.



# grape & cream cheese tart

Iron Chef Shellie

### parmesan pastry:

6 tbsp butter, unsalted

1 tbsp vegetable oil

3 tbsp water

1/8 tsp salt

1 cup plain

1/4 cup parmesan cheese, shredded

1/4 tsp black pepper

### goat / cream cheese filling:

1/2 clove garlic

1 tbsp fresh rosemary

240g goat cheese or cream cheese

1 tbsp olive oil

2 tsp fresh lemon juice

A few tablespoons of water

Salt and pepper to taste

### roasted grapes:

a few bunches of seedless red grapes

1 tbsp olive oil

Salt and pepper

- 1. Preheat the oven to 210°C.
- 2. In a medium size oven-proof bowl or dish, add the butter, oil, water, and salt. Place the bowl into the oven for 15 minutes.
- 3. Wear oven mitts, possibly a long sleeve shirt, and hold the bowl away from your face, when removing from the oven, as the butter may splatter. Place the bowl onto the counter, with a pot holder or towel underneath.
- 4. In a separate bowl, mix the flour, shredded parmesan cheese, and black pepper.
- 5. Slowly stir the flour mixture into the hot butter. It is important to still be cautious of the hot butter, it may still pop when you add the first bit of flour. Also, remember that the bowl is very hot, so wearing oven mitts while stirring is ideal. Stir the mixture until combined. Let it sit and cool for 5 minutes.
- 6. Once the dough is cool enough to handle, place it in a 13x36cm tart tin. With your fingers, press the dough flat and up the sides of the molds. Prick the shell with a fork 10 or so times. Once you have finished forming the first tart shell, place it into the freezer while you are making the next one, and then repeat. Place the last tart shell into the freezer and let cool for 5 minutes.
- 7. Place the tart shells onto a baking sheet and place in the oven on the middle rack. Bake for 15 minutes. Remove from the oven to cool.

- 8. While the tart shells are cooling make the filling. In a food processor, add the garlic and the rosemary. Pulse several times to chop/mince. Then add the goat or cream cheese, olive oil and lemon juice. Blend until smooth and creamy, adding as much water as necessary to keep it moving and to make it creamy, but make sure not to add more than 1/4 cup.
- 9.Remove the tart shells from their pans and pale on a serving platter or baking sheet, pour the goat/ cream cheese filling equally amongst the completely cooled tart shells. Smooth the surface with a spatula, if necessary.
- 10. Place the tart shells in the fridge to firm up while you roast the grapes.
- 11. Preheat the oven to 200°C.
- 12. Arrange the bunches of grapes in a single layer on a baking tray lined with baking paper. Toss with the olive oil and sprinkle with a little salt and pepper. Roast for 15-20 minutes, until the grapes begin to burst and the juice around them starts to thicken.
- 13. Remove tarts from fridge, top with roasted grapes and extra rosemary sprigs to garnish. Serve.







## chargrilled zucchini with garlic and lemon

Donna Hav

5 green and grey zucchini (courgette) (about 1kg), thinly sliced lengthways

- 1 clove garlic, crushed
- 1 teaspoon finely grated lemon rind 60ml extra virgin olive oil sea salt and cracked black pepper ½ cup flat-leaf parsley leaves, finely chopped ½ teaspoon chilli flakes sliced bread, to serve
- 1. Preheat a chargrill pan or barbecue over high heat. Cook the zucchini, in batches, for 3 minutes each side or until charred and cooked through.
- 2. While the zucchini is cooking, place the garlic, lemon rind, oil, salt and pepper in a medium bowl and mix to combine.
- 3. Gently toss the zucchini in the oil mixture. Top with the parsley and chilli flakes and serve with the bread.



# rocket, beetroot, walnut and feta salad with balsamic dressing

Recipe Tin Eats

250g canned baby beetroot, halved or quartered 120g baby rocket leaves 60g feta (preferably Danish, otherwise Greek), 3 tbsp walnuts, lightly crushed with your fingers

### Dressing

2½ tbsp extra virgin olive oil

- 1 tbsp balsamic vinegar
- 1 tbsp honey
- ½ tsp salt

black pepper

- 1. Combine the Dressing ingredients in a jar, and shake well. You might need a spoon to break up the honey to mix it in properly. Adjust salt to your taste.
- 2. Place rocket lettuce in a serving bowl.
- 3. Scatter over beetroot. No need to toss because of the weight, it should disperse throughout fairly well.
- 4. Crumble over the feta and scatter with walnuts.
- 5. Drizzle over dressing and serve.

## olive oil madeira cak

Donna Hay

180ml extra virgin olive oil

2 eggs

1 tbsp finely grated orange rind

60ml orange juice

280g natural Greek-style yoghurt

330g caster sugar

300g self-raising flour

dried store-bought orange slices, to serve

Icing:

160g icing sugar, sifted

1 tbsp boiling water

- 1. Preheat oven to 160°C. Place the oil, eggs, rind, juice, yoghurt and sugar in a large bowl and whisk to combine. Sift over the flour and stir until smooth.
- 2. Pour into a lightly greased 10cm x 20cm loaf tin lined with non-stick baking paper and cook for 1 hour or until cooked when tested with a skewer.

  Set aside for 10 minutes to cool in the tin, then remove and place on a wire rack.
- 3. To make the icing, place the sugar and boiling water in a small bowl and mix to combine. Spoon over the icing while the cake is still warm and set aside for 10 minutes to set. Top with the orange slices to serve.

Serves 10-12.



## chocolate tofu mouss

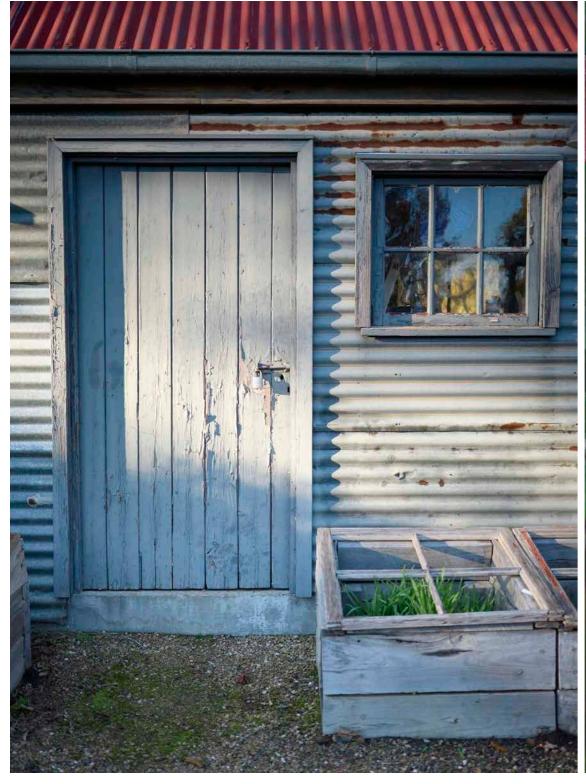
Donna Ha

100g dark (70%) chocolate 300g silken tofu, at room temperature 2 tbsp maple syrup, plus extra to serve 1 tsp vanillla essence figs, to serve shaved chocolate, to serve

- 1. Place the chocolate in a heatproof bowl over a saucepan of simmering water and stir occasionally until the chocolate has melted. Set aside to cool to room temperature.
- Place the tofu, maple syrup and vanilla in a small food processor and process until smooth.
   Add the cooled chocolate and process again until smooth.
- 3. Divide between 4 x ½ cup capacity (125ml) cups and refrigerate for 20 minutes. To serve, top with figs and shaved chocolate.

Makes 4







## sicilian eggplant rolls

### Silvia Colloca

2 large eggplants, cut length ways into 5mm thick slices (you should end up with about 14 slices)
2 tbsp extra virgin olive oil
150g fresh mozzarella, torn into small pieces
3-4 tbsp freshly grated pecorino
3 tbs pine nuts (optional)
basil leaves, to serve

### Sugo:

- 2 tbsp extra virgin olive oil
- 1 golden shallot, finely chopped
- 1 garlic clove, bashed with the back of a knife (or finely chopped, if you like a more pungent aroma) 400g can whole peeled tomatoes sea salt flakes

### Ricotta Filling:

- 1 tbsp extra virgin olive oil
- 1 garlic clove, skin on, bashed with the back of a knife
- 1 bunch silverbeet, stalks removed and finely chopped, leaves roughly chopped 500g fresh ricotta, well drained

30g freshly grated pecorino

- 1 egg
- 2-3 tbsp chopped flat-leaf parsley leaves
- 1/4 tsp freshly grated nutmeg
- 2 tbsp sultanas, soaked in water for 30 minutes, drained

- 1. For the sugo, heat the olive oil in a large frypan over medium heat, add the shallot and garlic and cook for 1 minutes or until fragrant (watch it closely as the garlic can burn very quickly). Add the tomatoes and season with salt, then reduce the heat to low and simmer for 30 minutes or until slightly reduced. If it looks too dry you can add a little water.
- 2. Heat a large chargrill pan over high heat. Brush the eggplant sliced with olive oil, then grill for about 3-4 minutes on both sides until they are soft and have nice, dark char lines.
- 3. Preheat your oven to 200°C.
- 4. While the oven is heating, make the ricotta filling. Heat the olive oil in a frypan over high heat, add the garlic, then drop in the chopped silverbeet stalks. Cover and cook for 2 minutes or until softened. Add the silverbeet leaves, replace the lid and leave for 1-2 minutes until wilted. Drain off the excess liquid and discard the garlic clove. Mix the cooked silverbeet with the remaining ingredients in a bowl and season with salt and pepper.
- the base of a baking dish. Put 1 tbsp of ricotta filling in the middle of each eggplant slice and roll up to enclose. Arrange the rolls, seam-side down, in a single later in the dish. Drizzle the remaining sugo over the top. Scatter the mozzarella and pecorino and bake for 25-30 minutes or until golden and bubbling. Remove and rest at room temperature for 5 minutes before serving. In the meantime, if you'd like to use pine buts to top the dish, heat a small non-stick frypan over medium heat and toast the pine nuts for 45-60 seconds until fragrant and lightly golden. Sprinkle over the eggplant.

5. To assemble, smear a ladleful of the sugo over

6. To serve, grind over some black pepper and top with plenty of basil.

9 instant or fresh lasagne sheets 500g fresh bocconcini 100g freshly grated parmesan

### meat sauce:

- 1 tbsp extra virgin olive oil
- 1 onion, finely chopped

6 cloves garlic, finely chopped

300g pork mince

300g veal mince

sea salt and freshly ground pepper

2 tsp plain flour

2 tbsp balsamic vinegar

a pinch of caster sugar

700ml tomato passata

400g canned diced tomatoes

2 large handfuls basil leaves

### béchamel sauce:

50g unsalted butter

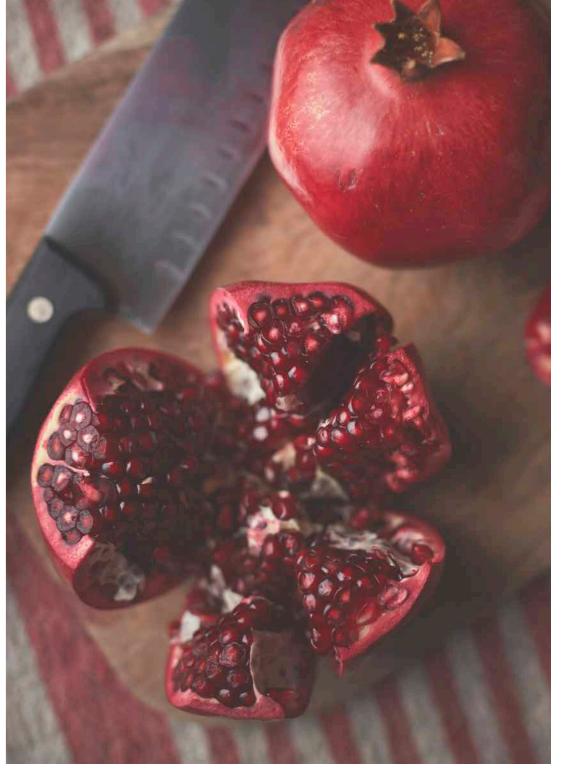
4 tbsp plain flour

600ml milk

sea salt and freshly ground pepper

- 1. Preheat the oven to 190°C. Adjust the oven racks so the dish can sit in the middle.
- 2. To make the meat sauce, heat the oil in a large heavy-based frying pan over medium heat. Cook the onion, stirring occasionally, until softened but not browned. Add the garlic and cook until fragrant. Increase the heat to medium-high and add the meats and a pinch of salt and pepper. Cook, breaking up the meat with a wooden spoon, for 4 minutes or until it loses its raw colour but is not browned. Add the flour and cook, stirring, for 2 minutes. Add the vinegar and cook, stirring occasionally, until it has almost evaporated. Add the sugar, passata and tomatoes and simmer for 10 minutes or until the sauce thickens slightly. Check the seasoning, stir in the basil and set the meat sauce aside.
- 3. To make the béchamel, melt the butter in a heavy-based saucepan over low-medium heat. Add the flour and cook, stirring, for 1-2 minutes. Remove the pan from the heat and add the milk all at once, whisking constantly, to avoid any lumps. Return the pan to the heat and keep whisking, until the sauce boils and thickens. Remove from the heat and season.
- 4. To assemble the lasagne, spread a quarter of the meat sauce in the base of a 29cm x 23cm x 7cm lasagne dish. Place 3 of the lasagne sheets over the sauce. Spread another quarter of the sauce over the pasta, then a third of the mozzarella, torn into pieces. Continue layering the pasta, meat sauce and mozzarella two more times.
- 5. Pour the béchamel sauce evenly over the final layer of mozzarella, then sprinkle with the parmesan.
- 6. Cook the lasagne for 30 minutes or until the cheese is brown and the sauce is bubbling. Let the lasagne stand for 10 minutes before serving.





# sage roasted pork belly

Donna Hay

2 heads garlic, cloves separated 2.3kg pork belly, on the bone ¼ cup (60ml) olive oil ⅓ cup sea salt flakes 4 bunches sage

- 1. Preheat oven to 160°C.
- 2. Arrange the garlic over the base of a baking dish. Rub the olive oil all over the pork belly and rub the salt into the skin. Place skin-side down on top of the garlic and cook for 3 hours.
- 3. Increase the heat to 180°C. Turn over the pork, add the sage and cook for a further 30 minutes or until the skin is golden and crunchy.





## crunchy roast potatoes

Donna Ha

2kg sebago (starchy) potatoes, peeled & quartered 1 head garlic, cloves separated, unpeeled 1 cup sage leaves 3/4 cup (180ml) extra virgin olive oil sea salt and cracked black pepper

- 1. Preheat oven to 200°C. Place the potatoes and garlic in a large saucepan of salted water over high heat, cover and bring to the boil. Reduce the heat to medium and cook for 8–10 minutes or until just tender. Drain well and return to the saucepan.
- 2. Cover and shake the pan to fluff the edges of the potatoes.
- 3. Place the potatoes, garlic, sage, oil, salt and pepper on a large baking tray lined with non-stick baking paper and toss to combine.
- 4. Roast for 50–60 minutes, turning every 20 minutes, or until the potatoes are golden and crunchy.







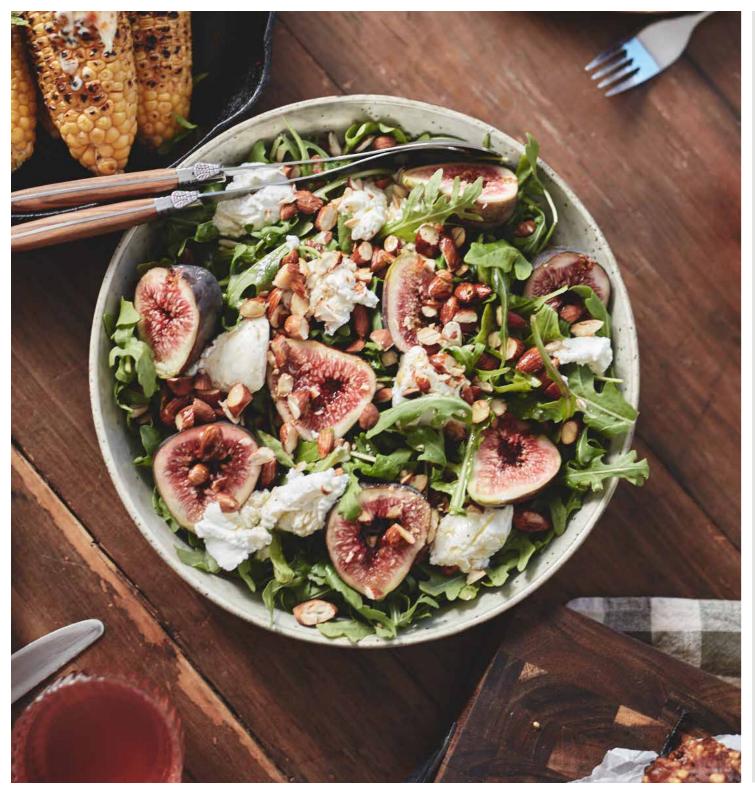


### char-grilled corn with mayonnaise, pecorino, cayenne and mint

Donna Haj

4 corncobs, husks pulled back and tied extra virgin olive oil, for brushing 75g whole-egg mayonnaise, plus extra to serve 20g finely grated pecorino 1/4 tsp cayenne pepper sea salt and cracked black pepper micro (baby) mint leaves, to serve

- 1. Prehead a char-grill pan or barbecue to high.
- 2. Brush the corn with oil, then cook, turning, for 12-15 minutes or until charred.
- 3. Spread the corncobs with mayonnaise and sprinkle with the cheese, cayenne, salt and pepper. Top with the mint and serve with the extra mayonnaise.



## goat's curd and fig salad

ron Chef Shellie

8 ripe figs
120g baby rocket leaves
70g toasted almonds
150g fresh goat's curd
olive oil
balsamic vinegar
sea salt & cracked black pepper

- 1. Slice figs in half and arrange them on a platter with the rocket, toasted almonds, and goat's curd crumbled around.
- 2. Season well with salt and pepper.
- 3. Drizzle with olive oil and balsamic vinegar and serve.

## smørhøner

Iron Chef Shellie

### bread dough:

120g unsalted butter, softened

75g caster sugar

1/4 tsp salt

1½ tsp ground cardamom

375ml full cream milk

15g dry yeast

640g plain flour, plus extra for dusting

1 eggwhite, lightly beaten

### icing:

120g icing sugar, sifted plus extra to decorate 1-2 tbsp water

### vanilla custard filling:

30g caster sugar

1 egg yolk

1 tbsp corn flour

250ml full cream milk

½ tsp vanilla bean paste

### cinnamon filling:

90g unsalted butter, softened

45g caster sugar

1tbs ground cinnamon

1/4 tsp ground cardamom

1/4 tsp vanilla powder or 1/2 tsp vanilla extract

- 1. In a large bowl, mix together butter, caster sugar, salt and ground cardamom until smooth. Heat milk in a small saucepan until around 37°C. Remove from heat, sprinkle over yeast and stir until dissolved.
- 2. Add milk to butter mixture and stir to combine. Add flour to butter mixture and knead the dough for 5-10 minutes, or until soft and elastic. Cover and allow to rest for 1 hour, or until doubled in size.
- 3. To make the vanilla custard filling, in a medium sized heatproof bowl, whisk together the sugar and egg yolk until pale and thickened, then whisk in the cornflour. In a saucepan over medium heat, combine the milk and vanilla bean paste, stir to combine. Remove from the heat just before it starts to boil. Pour the milk in a steady stream into the egg mixture, whilst whisking constantly to avoid curdling the eggs. When you have added all the milk, pour the mixture back into the saucepan and whisk over medium heat until the mixture has thickened and coats the back of a spoon. Cool completely then place in a large piping bag and keep in the fridge until needed.
- 4. To make the cinnamon filling, mix all ingredients together in a bowl and set aside.
- 5. To making icing, add icing sugar to a small bowl. Start with 1 tablespoon of water and add more if mixture is too dry, you want a consistency that flows smoothly off the spoon, in an unbroken stream. Transfer to a small piping bag and set aside.
- 6. When the dough is ready, on a lightly floured surface, roll dough into a 50x40cm rectangle.

  Spread the filling over the dough, right to the edges.

Fold the top third of the dough to the centre, and the bottom third over that towards the centre, like you are folding a letter. Pinch to seal the seam. Facing the long edge, trim off the edges and cut dough into 12 equal portions.

7. Cut each strip in half lengthwise, leaving the top part uncut so each piece looks like a pair of pants. Twist each 'leg' of the piece several times, slightly stretching it as you go. To shape the bun, you want the uncut part to remain in the middle. Take the left 'leg' and coil it clockwise over the top, and pinch to seal. Then take the other 'leg' and coil clockwise underneath, and pinch to seal the edge.

You should have a bun that looks tall instead of flat, with two levels. Arrange on two baking trays lined with non-stick baking paper, allowing room for when they expand.

- 8. Cover with clean tea towels and rest for a further 60 minutes.
- 9. Preheat oven to 220°C (200°C fan-forced).
- 10. Using your fingers, make a well in the middle of each bun. Brush each bun with egg white and cut the tip off the piping bag filled with custard and fill wells with vanilla custard. Bake for 8-10minutes, or until golden brown. Allow to cool slightly.
- 11. Snip the tip of the other piping bag, and pipe the icing in a zig-zag pattern over each bun and finish with a light dusting of icing sugar.
- 12. Serve warm or at room temperature. Best eaten on the day they are made.













### caesar salat

RecipeTin Eats

### dressing

1 cup mayonnaise (hellman's or s&w whole egg)

½ tsp garlic, finely minced

2 anchovy fillets

2 tbsp fresh lemon juice

1 tsp dijon mustard

1 tsp worcestershire sauce

½ cup freshly grated parmesan cheese

3-4 tbsp milk (to adjust consistency)

1/4 tsp salt

1/4 tsp black pepper

### garlic croutons

2-3 slices white bread, 1.5cm thick

1 garlic clove, cut in half

1 tbsp olive oil

1/4 tsp salt

### sala

150g streaky bacon, cooked and chopped 10 cups cos lettuce, chopped, wash & dried freshly grated parmesan, for garnish

### optional extras - chicken & egg

2-4 eggs, cooked to your taste, peeled and halved 500g chicken breast fillets (2 pieces)

½ tsp each salt and pepper

1 tbsp olive oil

### Dressing:

- 1. Whizz all ingredients in food processor until smooth, starting with 3 tbsp milk.
- 2. Taste and adjust salt and pepper as desired, and use milk to get the dressing to the desired consistency.
- 3. Set aside for 20 minutes+ to allow flavours to develop.

### Bacon:

1. Place bacon into a cold skillet (no oil), then turn onto medium high. Cook until golden, turn, cook other side until golden. Remove onto paper towels, cool, then chop.

### Garlic Croutons:

- 1. Preheat oven to 180°C.
- 2. Toast bread in the toaster for 1 minute (or oven for 2 minutes each side) until surface is dried but not browned.
- 3. Rub both sides of each piece of bread with the cut side of the garlic.
- 4. Remove crust from bread (optional) and cut into cubes around 1.5 cups. Drizzle with 1-2 tbsp olive oil, sprinkle with salt, then bake until golden, shaking the tray once. Sandwich bread will take around 7 minutes, sourdough and similar breads take 12-15 min.

### Assemble:

1. Place lettuce in bowl with 1/2 the dressing. Toss well, taste, then decide if you want more Dressing. Transfer to serving bowl. (Top with chicken and egg if using) Scatter over with bacon and croutons. Sprinkle with parmesan and serve!

### Optional Extras:

Eggs: Place the eggs in a saucepan and cover with water. Place over medium high heat and bring to simmer. Once the water is simmering, turn down to medium (gentle simmer) and cook for 3 min (for soft centres), 4 min for firm yolks and 6 min for hard boiled. Remove eggs, run under cold water for 15 sec then leave submerged in a bowl of cold tap water for 5 min. Peel then set aside.

Chicken: Either pound the chicken to about 1.2cm even thickness, or slice each breast in half horizontally. Sprinkle both sides with salt and pepper. Use bacon fat remaining in skillet. Cook first side for 5 min, turn then cook the other side for 2 min. Remove, cover loosely with foil and rest for 5 min. Cut into slices.







## barbecued lamb leg with salted lemons

### Delicious Team

Zest & juice of 2 lemons, plus 1 lemon sliced thinly

1 bunch oregano, roughly chopped

2 tbs tomato paste

6 garlic cloves, chopped

125ml extra virgin olive oil, plus extra to drizzle 2kg boneless lamb leg, butterflied

1 small red onion, shaved on a mandoline

1 tbs sea salt flakes

1 tbs caster sugar

### salad:

2 small baby cos, leaves separated 1/4 bunch dill, leaves picked, finely chopped 1/4 bunch chives, finely chopped 150g haloumi, drained, grated Zest & juice of 1 lemon 1. To marinate the lamb, place zest, juice, half of the oregano, garlic, tomato paste and olive oil in the bowl of a small food processor and whiz until finely chopped. Transfer to a large bowl, then add the lamb and coat well. Season and marinate for 3-4 hours or overnight. Bring lamb to room temperature before cooking.

2.Heat a lightly greased barbecue with a lid on high heat. Place lamb on barbecue and sear, turning frequently, for 5-6 minutes until browned all over. Reduce heat to medium, close lid and roast, turning occasionally, for 1 hour 15 minutes-1 hour 30 minutes until lamb is cooked.

3. Meanwhile, scatter sliced lemon and onion in a single layer on a serving platter and sprinkle with salt, sugar and remaining oregano. Allow this to macerate while lamb is cooking. When lamb is cooked, leave to rest on salted lemon mixture for 15 minutes before serving.

4. For the salad arrange cos lettuce leaves on a serving dish, scatter with herbs, haloumi and drizzle with lemon zest and juice and oil. Serve alongside lamb.



## tabbouleh

Australian Women's Weekly

1 cup firmly packed small fresh flat-leaf parsley 1/4 cup firmly packed small fresh mint leaves 2 green onions, sliced thinly 1/2 cup coarse cracked wheat 11/2 cup water 200 gram heirloom tomatoes, quartered 1 tablespoon lemon juice

- 1. Combine herbs and green onion in a large bowl; reserve half the mixture for serving.
- 2. Bring cracked wheat and the water to the boil in a small saucepan. Reduce heat to low; cook 20 minutes or until tender. Drain.
- 3. Add cracked wheat to large bowl with tomatoes and juice; toss gently to combine. Season.



## honey fennel carrots with crispy chickpeas

Donna Ha

- 2 bunches dutch carrots (750g), scrubbed and trimmed
- 2 teaspoons fennel seeds
- 2 teaspoons sumac, plus extra to serve sea salt and cracked black pepper
- 2 tablespoons extra virgin olive oil
- 1 head garlic, halved crossways
- 400g can chickpeas (garbanzos), rinsed and drained
- 140g labne (yoghurt cheese)
- 1 pomegranate, seeds removed
- 1 tablespoon honey
- red vein sorrel, to serve
- 1. Preheat oven to 200°C. Place the carrots, fennel, sumac, salt, pepper and half the oil on a large oven tray and toss to coat. Add the garlic, cut-side down, to the tray and cook for 30–35 minutes or until the carrots and garlic are tender.
- 2. Place the chickpeas, remaining oil, salt and pepper on a separate oven tray and toss to combine. Place in the oven and cook, stirring halfway for 25–30 minutes, or until crisp.
- 3. Top the carrots with the crispy chickpeas, labne, pomegranate seeds, honey and red vein sorrel.















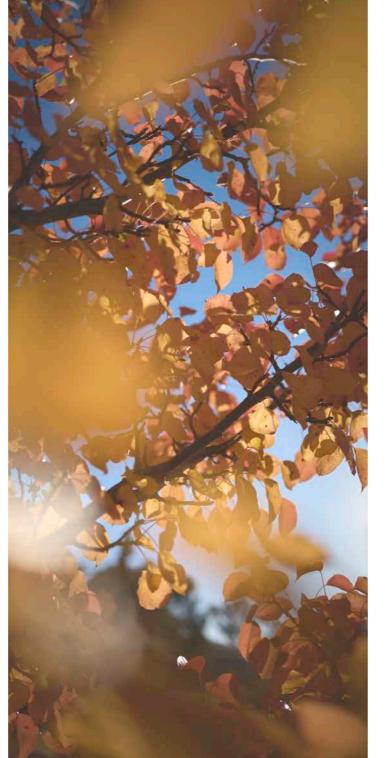


## lobster rolls

Dan Hong

4 whole cooked lobsters
kewpie mayonnaise
2-3 lemons, zest and juice
sea salt & cracked black pepper
16 brioche buns
butter
lemon wedges, to serve
tabasco, to serve

- 1. Crack and remove the meat from the claws, knuckles, and tails. Remove and discard the cartilage from the claws and the intestines from the tails of the cooked meat. Cut the meat into bite sized pieces.
- 2. In a large bowl, combine the lobster meat, kewpie mayonnaise, zest and juice of two lemons and season well with salt and pepper. Taste, if more lemon is required add in the zest and juice of the extra lemon. Cover and place in the fridge until needed.
- 3. Using a bread knife, shave off a small amount from each side of the buns, and cut a slit down the middle where
- 4. Trim sides of each bun, to create flat surfaces and toast each side in a frying pan with melted butter until golden (1-2 minutes). Cut halfway down from top of each bun and stuff with lobster mix.
- 5. Serve with wedges of lemon and Tabasco.



## farewell waffles

BBC Good Food

250g plain flour 7g baking powder 20g caster sugar 5g salt 475ml milk 2 eggs 30ml vegetable oil

- 1. Weigh all the dry ingredients, place in a large mixing bowl. Break the eggs into the milk and beat the mixture.
- 2. Add the egg and milk mixture to the dry ingredients. Add the oil and mix all ingredients together until all the large lumps have been broken up. Do not over mix otherwise the waffles will be heavy when cooked.
- 3. Pre heat the waffle maker and spray with oil.
- 4. Pour 3/4 of a cup of batter into the waffle maker and cook for 3-4 mins or until golden brown and crispy on the outside.
- 5. Serve hot with maple syrup.

